



Counselor Newsletter

East High School

October 2018

Remember:

- Ask your counselor about your test scores PSAT/SAT
- Improve your test scores at khanacademy.org
- Need Help with filling out college apps? Contact Ms. Koshio for 'Life After East'
- Sign up for college visits through Naviance
- Seniors: Transcript request forms are needed 2 weeks before application deadline
- NCAA Eligibility Question? See your counselor or Athletic Director Terita Berry

Meet the Counselors

Bethany Goodman	9th A-K
Bonnie LeFleur	9th L-Z
Steve Kohuth	A-Ce
Patrice Brown	Ch-F
Lindsey Vesceri	G-J
Lindsey Terry	K-Me
Carl Flageolle	Mi-O
Becky Behmke	P-Si
Liz Roush	Sj-Z
Anne Koshio	AVID

Juniors/Sophomores! Want to take an additional PSAT?

Date: Saturday October 13

Time: 7:30-12:00

Location: Meet in the Foyer at East

Materials needed:

- School ID
- 3- #2 Pencils
- Calculator

You must pay for test in advance! \$30 in cash to the East HS treasurer

No food or drinks are allowed in rooms!!



October 16th & 17th

3:15 pm to 7:15 pm

All appointment must be made through Sign-Up Genius (beginning October 4th, link will be on the East High Website)

Contact counselors directly if you would like to meet with your students counselor.



Events This Month!

FAFSA opens- Oct 1	Concurrent Enrollment Mtg- Oct 18
In-State College Fair- Oct 2	No School- Oct 19
SAT- Oct 6	No School- Oct 22-23
FAFSA Night- Oct 10	ACT- Oct 27
First Gen Night- Oct 10	College 101 Night- Oct 25
PSAT- Oct 13	
Parent/Teacher Conferences- Oct 16-17	



Mr. Caricato

Future Center
vcaricato@denverscholarship.org

To prepare for the FAFSA Night at East High School please create a FSAID (one for the student and one for the parent) by visiting fsaid.ed.gov. Seniors, your FSAID is what you will use to sign in and submit your FAFSA application.

The FAFSA application (<https://fafsa.gov>) opens on **October 1st**. You can complete the FAFSA on your own or you can attend the **FAFSA Night at East High School Oct 10th 4:30pm-7:30pm** and we will have experts to help you fill out and submit the application.

College Application Checklist

1. Complete Application (either through the school's website, Common App, or Coalition App)
2. FERPA Waiver Signed (Required for Common App)
3. Application Fee
4. Personal Essay Complete (including supplemental essays, if required)
5. Letters of Recommendation (Must give staff at least 2 weeks notice!)
 - Ask Teachers in person for Letter of Recommendation if needed (then make request in Naviance)
 - Ask Counselor in person for Letter of Recommendation if needed (then complete My LOR Survey in Naviance)
6. Naviance Requirements
 - Match Naviance to your Common App account, if needed
 - Schools added to "Colleges I'm Applying to" in Naviance with correct deadlines
 - Mark that you have submitted the application

www.east.dpsk12.org/counseling