

East High School Comprehensive Guidance & Counseling Program

Quick Reference Guide

For 9th Graders

The following guide is directly linked to the Denver Public Schools Comprehensive Guidance & Counseling Program and the ASCA National Model & ASCA Standards

Academic Domain

- Students will understand high school credits, graduation requirements, and pre-collegiate curriculum including availability of honors courses, Advanced Placement courses, Concurrent Enrollment and other DPS District programs.
- Students will know how to select high school extracurricular activities that will meet their interest and future goals.
- Students will analyze their own transcripts and utilize that information for secondary and post-secondary planning.
- Students will know how to select high school courses that will help meet their needs, interests, career goals, and/or college entrance requirements. (PEP)

Personal/Social Domain

- Students will understand unique similarities and differences in themselves and others by exploring relationships and cultural influence.
- Students will demonstrate skills to interact positively with others and resolve conflicts.
- Students will understand the impact of self-respect by making healthy choices and establishing boundaries.
- Students will understand how immediate choices relate to long-term personal success.
- Students will be able to set realistic goals and make plans to achieve them.
- Students will develop decision-making and advocacy skills.
- Students will develop strategies to maintain good emotional and physical health.
- Students will understand the consequences of unhealthy behavior.
- Students will understand when and how to access appropriate resources when faced with personal challenges/obstacles.
- Students will understand their role and potential to contribute to their community.

Post-Secondary/Career Domain

- Students will know the requirements for high school graduation.
- Students will know about possible careers and the world of work.
- Students will know how to explore careers in a specific area in which they are interested.
- Students will know how to select courses that will help them meet their career goals and fit their needs and interests.
- Students will know how to explore which leisure, recreational or extra-curricular activities best fit their interests and needs.
- Students will know the importance of balancing leisure, career and personal time.