



# Counselor Newsletter

East High School

December 2018

### Remember:

- Seniors: Jan 1st Deadline? Contact Counselors BEFORE Winter Break!
- Improve your test scores at [khanacademy.org](http://khanacademy.org)
- Seniors: Transcript request forms are needed 2 weeks before application deadline
- Seniors: See your counselor if Mid-year grades are needed
- See your counselor if you need a level change for 2nd semester

### Counselors

Bethany Goodman	9th A-K
Bonnie LeFleur	9th L-Z
Steve Kohuth	A-Ce
Patrice Brown	Ch-F
Lindsey Vesceri	G-J
Lindsey Terry	K-Me
Carl Flageolle	Mi-O
Becky Behmke	P-Si
Liz Roush	Sj-Z
Anne Koshio	AVID

## Finals Schedule

### Monday, December 17th:

Period 1 – 8:00 am – 9:10 am  
 Period 2 – 9:20 am – 10:30 am  
 Period 3 – 10:40 am – 11:50 am  
 Lunch – 12:00 pm – 12:45 pm  
 Tutoring- 1:00 pm – 2:45 pm

### Tuesday, December 18th:

Period 4 – 8:00 am – 9:10 am  
 Period 6 – 9:20 am – 10:30 am  
 Period 7 – 10:40 am – 11:50 am  
 Lunch – 12:00 pm – 12:45 pm  
 Tutoring – 1:00 pm – 2:45 pm

### Wednesday, December 19th:

Period 8 – 8:00 am – 9:10 am  
 Final make-ups – 9:30 am – 2:00 pm

### Thursday, December 20<sup>st</sup>:

Final make-ups – 8:00 am to 12:00 pm

## Study Tips

- Do a time task analysis at home (How much time are you spending on homework? Time just studying? Time doing other things?)
- Try flashcards/ on-line flash cards
- Use Cornell notes (<http://coe.jmu.edu/learningtoolbox/cornellnotes.html>)
- Schedule time in your planner to study as if an assignment
- Meet with the teacher to see their suggestions for their class / observations they have about your study habits
- Look at grades, see where you have excelled on tests and try to figure out how you prepared for that test

## Events This Month!

SAT- Dec 1	9th grade Finals Study Session - Dec 12
Last 8th grade Shadowing- Dec 3	Snowball- Dec 14
8th Grade Open House- Dec 5	Finals- Dec 17-20
ACT- Dec 8	Winter Break- Dec 21- Jan 4





**Mr. C**

Future Center  
vcaricato@denverscholarship.org

Have you been accepted to college (s) **AND** completed your FAFSA?

- Check with the school about your Financial Aid package.
- Check to see if any other paper work is needed to complete your Financial Aid

[www.east.dpsk12.org/counseling](http://www.east.dpsk12.org/counseling)

## Spring 2018 HBCU College Tour

The RISE 5280 HBCU College Tour provides cultural and educational experiences that inspire students to examine concerns and personal interest during their college selection process. On each campus students are given the opportunity to walk through academic, residential, athletic and administrative buildings. In addition, students interact and engage with faculty, staff, administrators and currently enrolled students. The college tours goal is to make sure each young person who participates walk away with motivation and encouragement to continue their education in institutions of

### Our Tour Items Include

- Roundtrip flight to Nashville, TN
- Motor Coach Transportation
- Hotel Accommodations
- On-site tour of 5-6 HBCU's
- Cultural Attraction
- Meals
- Three College T-Shirts
- College Tour Gift Bag

### Tour Details April 15-19

**Departing City-** Denver, CO

**Cost-** \$1000 per Student

Tennessee State University

Fisk University

Grambling State University

Southern University at Shreveport

Florida Agricultural and Mechanical University

Bethune Cookman University

**Contact Michelyn Johnson**  
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[www.rise5280.com](http://www.rise5280.com)