



Counselor Newsletter

East High School

November 2018

Remember:

- Ask your counselor about your test scores PSAT/SAT
- Improve your test scores at khanacademy.org
- Interested in Life after East? Contact Ms. Koshio
- Seniors: Transcript request forms are needed 2 weeks before application deadline
- Seniors: Report college acceptances and scholarships to Tee in Room 100
- Seniors: Write a Thank you note for teachers that write you a letter of recommendation

Meet the Counselors

Bethany Goodman	9th A-K
Bonnie LeFleur	9th L-Z
Steve Kohuth	A-Ce
Patrice Brown	Ch-F
Lindsey Vesceri	G-J
Lindsey Terry	K-Me
Carl Flageolle	Mi-O
Becky Behmke	P-Si
Liz Curran	Sj-Z
Anne Koshio	AVID

Good Study Habits

⇒ Good Attendance

One of the most important factors in academic success

⇒ Organization

Use your planner, fit homework into a routine, have a plan

⇒ Study Habits

Pick a quiet place to study and study at the same time every day, set goals for your studying, re read notes taken in class, study a few days before a test not the night before

⇒ Study Tables

Mon-Wed 3pm-4pm Core class teachers are available in the Library

⇒ Ask Teachers for Help

Teachers should be the first to know if you have questions or need help. Tutorial every Thursday 1:15pm-2:15pm

⇒ Seek Help

If you need additional assistance peer tutors are available... See Mr. Ortiz in Rm 324



Events This Month!

8th grade shadowing- Every Mon/Tues	Open House- Nov 7
College App help- Every Thurs	Community FAFSA Night- Nov 8
Attendance Mediation Workshop- Nov 1	Concurrent Enrollment Paperwork Due- Nov 9
End of 2nd 6 weeks- Nov 2	NCAA Night- Nov 12
SAT- Nov 3	Fall Break- Nov 19-23
Daylight Savings- Nov 4	



Mr. Caricato

Future Center
vcaricato@denverscholarship.org

Gen 1 In-State College Tour

- 5 Colleges, 3 days, 300 miles – 20 Gen 1 students!
- November 14-16, 2018
- Applications due November 2nd, decisions on November 5th.

*See Anne Koshio for Questions

8th Grade Family Open House

We will be hosting our first 8th grade family open house of the year on Wednesday, Nov. 7, from 9:30 to 10:45 pm. We will be offering this open house, along with a day in December and a night event in January, to allow prospective families to come see the building, hear a little about who we are, and hopefully have some of their questions about East High School answered. Families will also have a student-led tour around the building.



www.east.dpsk12.org/counseling