

#### November 11th, 2022

#### November 12th

• Mile High Speech & Debate Tournament

#### November 14th

- Winter Sports Registration Deadline
- Winters Sports tryouts begin

#### November 16th

- East Community Event at Bison Ridge Rec Center
- Spring musical auditions begin

#### November 19th

- East Pantry
- November 21st-25th
  - Thanksgiving Break

#### **November 30th**

- Incoming 9th Grade Open House
- December 1st
  - EDC Coffee House

#### December 2nd

- EDC Coffee House
- **December 3rd** 
  - SAT Testing
- **December 6th** 
  - Vocal Music Concert
- **December 9th** 
  - Snowball Dance
- December 10th
  - ACT Testing

#### **December 12th**

- Finals Week
- Mariachi in the Foyer

### December 13th

 Instrumental Music Feeder Concert

### December 15th

Instrumental Music Concert

### December 17th

• Winter Break



### Hello Angels Community!

Soccer is headed to state tomorrow! Wish them well and get out and support them in Colorado Springs where they will face off against Fairview.

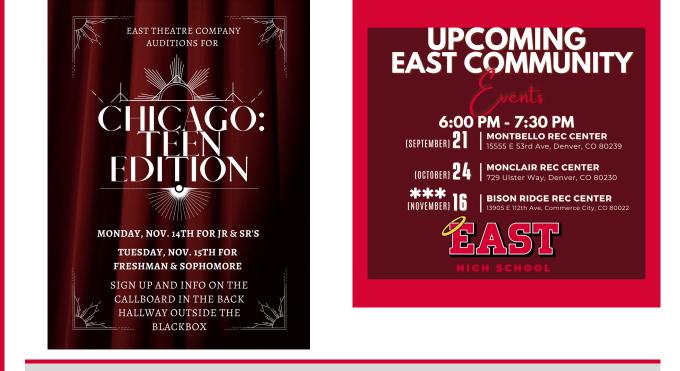
Have a fun and safe weekend.

Your Principal, Terita Walker See the full calendar here.



## **Final Week Schedule**





# Important College Information

Seniors, please be aware of the following deadlines for your transcript requests and letters of rec. Note that for any deadline that will occur over Winter Break, your requests MUST be submitted prior to 12/15/2022 as counselors will not be accessing email or submitting documents over break.

For Applications Due On	Complete the Transcript Request Form and turn into your counselor BEFORE
December 1, 2022 (CSU EA)	November 15, 2022
December 15, 2022	December 1, 2022
January 1, 2023	December 15, 2022 (due to winter break)
January 15, 2023 (S2 grades on transcript)	December 15, 2022 (due of winter break)

# The RTD mobile app is now live!

Students who are eligible for DPS RTD tickets can now download the mobile ticketing app. Follow the instructions in **this flier** to get your monthly pass through the app now.

Eligibility Information: A student who resides more than 2.5 miles from his/her neighborhood high school and attends this school, or a student who attends a high school magnet program and resides more than 2.5 miles from the location of the magnet program, is eligible for the DPS-RTD pass.

Students who attend a school other than their neighborhood school through the SchoolChoice process are not eligible for the DPS RTD student pass.

Lunch Forms

Student Spotlight

Students will need to complete lunch forms as lunch is no longer free for all. Please fill out the form at the link below.

Lunch Form Llnk

# **EAST PANTRY**

The next East Pantry will be on Saturday November 19! The pantry will be open to any East families in need of food from 9-10:30. Please enter through the doors on Detroit Street. Also on November 19, we will have Thanksgiving food boxes available but you must sign up in advance for a Thanksgiving box. Please email Megan at eastangelpacks@gmail.com by November 12 if you would like a meal box for the holiday.



"AVID students had a great time at DU and UNC, we want to thank EAFAF for sponsoring us."



# DPS Prevention Team hosts Fentanyl Awareness Night for Families

**Date:** November 15, 2022 **Location:** East High School **Time:** 5:30-7p

For additional information about the dangers of fentanyl, tips on how to keep your children safe, and what DPS schools are doing, **click here**.

# Tutoring

If you would like your child to connect with a peer tutor, please complete **this form**.

- Tutoring starts October 3rd
- Times: M-F 7:00am 8:00am;

Lunch; 3:30 - 4:30

 If your student would like to provide tutoring to other students, please have them email Emma\_mccourt@dpsk12.net



Future Angel Website

# **News from the Nursing Office**

# Medications for your child while at school

Medications can be administered at school only if the conditions listed below are met. All medications including over-the-counter (OTC) medications such as Advil, Tylenol, cough drops, etc. must follow the conditions listed below:

- The Nursing Office shall have received written permission to administer the medication, including OTC medications from the student's health care practitioner with prescriptive authority under Colorado law.
- The parent/guardian shall be responsible for providing all medication to be administered to the student.
- Medication shall be in the original properly labeled container. Prescription medication must include the student's name, name of the medication, dosage, frequency of administration, and name of the prescribing health care practitioner shall be printed on the container
- Medication orders are good for one year from the date of the written order.
- Students are not allowed to carry or use medications that have not completed the Self Carry Contract.

Med Agreement English Med Agreement Spanish

Self-Carry Medication Administration Contract

# Open Opportunities at East High School

Are you or someone you know looking for a job at East? We're looking to hire the following positions:

Office Support III #58215 Office Support II Student support liaison (Dean) ELA Para SPED Para Math Teacher Job #57358 Long Term Sub - Math starting Jan 2023 Job #57540

Please reach out to Ariel\_Canada@dpsk12.net if you have any interest.

# Activities

**BSA** is holding their annual Thanksgiving drive. They will be collecting gift cards from Target, King Soopers, Safeway, Sprouts, Walmart, Whole Foods & Visa only. The gift cards will be distributed to East families who need a little extra assistance over the holidays.

Women of East is hosting their annual feminine Hygiene drive now through Nov. 18th. They are collecting body wash, deodorant, shampoo/conditioner, period products etc. There are drop off boxes in the counseling center and room 100. All items collected will be delivered to The Gathering Place. Follow @ women.of.east for the full list of needed supplies

Buy your East tote bag to support the students of East DECA when competing at the State and International level! https://www.myschoolbucks.com/ve r2/prdembdref=ZZI5ZQ2XQU04MZG ZZ5WRXKHW52OFS8

### **Career Center Update**

Remember, apprenticeships in event planning, business operations, software engineering, culinary management, and advanced manufacturing are hiring 10th-12th graders right now! On 11/15, there will be an apprenticeship application workshop in room 324 during lunch. You can encourage your student to attend as well as view open apprenticeship positions with them, help them create an applicant profile, view application instructions, or read the parent FAQ. Any questions can be sent to Ellie, East's career navigator, at <u>eleanor\_jacques@dpsk12.net</u>.

# **Athletics**



Photo Credit: Reid Neureiter

Athletics Website Athletics Schedules Tickets for Home Games Here

Winter Sports Registration is OPEN! Click **HERE** for registration details.

• Deadline to register is November 14th

Reach out to coaches for preseason training if you plan to be involved in winter sports:

Coaches Contact Info Here

Sports by Season Here

# Come Cheer East High Mixed Ultimate on November 13th & 14th



Colorado State High School Ultimate Championship schedule has been posted. The first day is pool play (on the first tab). How we fare on Saturday will determine our Sunday seeding. Hope to see you out there!

See the Ultimate Schedule

# **Advisement at Home**

This week in advisement each grade level participated in a different activity.

#### 9th Grade

Students in ninth grade participated in student council elections for their class.

#### 10th Grade

Tenth graders learned about time management and how to implement a work life balance. Students learned how to set time management goals and were given resources to the career center. We believe this information is important so students are able to succeed in school while also taking care of their mental health.

#### 11th Grade

Students in eleventh grade completed their student perception surveys from last week's advisement and finished their budgeting lesson. Students learned about credit scores, debt, and how to prioritize expenses. We believe this information is important to helping students succeed after graduation.

### 12th Grade

Seniors also finished their budgeting lesson from last week's advisement. Students also learned about credit scores, debt, and how to prioritize expenses. Seniors also learned how to access their ICAP to make sure they are ready for graduation. We believe this information is important to preparing students for graduation and life after graduation.

### Continuing the Conversation at Home

Ask your 9th grader who was elected for student council. Ask your 10th grader what skills they learned about time management. Can they explain what skill they would like to start implementing? Ask your 11th or 12th grader to explain what a credit score is to you. Do they know what might affect their credit score?

Ask your 12th grader if they are ready for graduation. Can they log in and show you their ICAP?

Ask your student if they have any follow up questions about what they learned in advisement this week.

Denver East High [https://east.dpsk12.org]



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